



**FOR IMMEDIATE RELEASE**

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[Link to generic b-roll can be found here](#)

**SAN DIEGO BLOOD BANK ISSUES URGENT CALL FOR  
TYPE O BLOOD DONATIONS**

*O Negative and O Positive Blood Donors Needed Immediately*

**SAN DIEGO (September 19, 2022)** San Diego Blood Bank is issuing an urgent call for blood donations, particularly from type O negative and O positive blood donors, as our community's supply of both blood types has hit critically low levels.

Type O negative is the universal blood type, meaning anyone can receive that type of blood when needed. O positive is the most common blood type, which is why hospital demand is always high. Type O blood is the first used in emergencies when a patient's blood type may be unknown and for massive traumas when a large volume of blood is needed quickly.

"All types are needed, but our supply of O negative and O positive blood types is low, currently at less than a one-day supply" said Claudine Van Gonka, Director of Community Relations & Media. "It is critical that we bring the blood supply up to stable levels for hospital patients in need."

To be eligible to donate blood you must be at least 17 years old, weigh at least 114 pounds, and be in general good health. Eligible blood donors are encouraged to schedule an appointment at [SanDiegoBloodBank.org](http://SanDiegoBloodBank.org) or calling 619-400-8251.

**About the San Diego Blood Bank**

San Diego Blood Bank (SDBB) is a 501(c)(3) nonprofit organization also operating as Southern California Blood Bank. The Blood Bank serves hospitals throughout Southern California with more than 150,000 units of blood each year. San Diego Blood Bank's mission is to connect diverse communities to save and improve lives through blood and biotherapies. Dedicated to advancing health and wellness through medical innovation, SDBB has provided an essential service since 1950. San Diego Blood Bank currently operates nine fixed-site donation locations and 10 bloodmobiles, with blood drives running daily. For more information about SDBB, visit [www.SanDiegoBloodBank.org](http://www.SanDiegoBloodBank.org) and follow on [Facebook](#), [Instagram](#), [Twitter](#), and [LinkedIn](#).

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