



FOR IMMEDIATE RELEASE

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SAN DIEGO BLOOD BANK CELEBRATES 75 YEARS WITH SPECIAL SUMMER GIVEAWAY FOR JULY BLOOD DONORS

SAN DIEGO (July 1, 2025) San Diego Blood Bank continues to celebrate its 75th anniversary with a heartfelt thank you to donors this month.

From July 1 – July 22 anyone who donates blood at a San Diego Blood Bank donor center or mobile blood drive will receive an exclusive, 75th Anniversary Beach Hat as a token of appreciation (while supplies last.)

Summer is one of the most challenging times of year to collect blood due to increased travel, school breaks, and high temperatures. Yet the need for blood doesn't take a vacation. Hospitals and patients across Southern California rely on a steady blood supply every day for trauma care, surgeries, cancer treatments, and more.

To be eligible to donate blood, you must be at least 17 years old, weigh at least 110 pounds, and be in general good health. Donors are asked to arrive hydrated with Photo ID and to allow about one hour to donate blood from registration through recovery.

Appointments will be honored first; walk-ins welcome. Eligible blood donors are encouraged to schedule an appointment at sandiegobloodbank.org/beach-hat or by calling 619-400-8251.

About San Diego Blood Bank

San Diego Blood Bank is a 501(c)(3) nonprofit organization also operating as Southern California Blood Bank, serving hospitals throughout Southern California. San Diego Blood Bank is dedicated to community health by providing a reliable supply of blood to patients in need. Our vision is to further ensure the health of our community by simultaneously delivering related health and wellness education and services and collaborating with various partners in medical research. San Diego Blood Bank currently operates 10 fixed-site donation locations and 10 bloodmobiles.

For 75 years, San Diego Blood Bank has grown alongside the city, evolving to meet the needs of a changing San Diego. It remains rooted in compassion and community leadership and the crucial work required to maintain a steady blood supply for our region. Since 1950, San Diego Blood Bank has collected more than 5.5 million pints of blood from volunteer blood donors and currently impacts as many as 150,000 patient lives each year. What differentiates San Diego Blood Bank from other blood banking organizations is simple – they are a community blood bank serving San Diego and the region specifically.

For more information about San Diego Blood Bank, visit [SanDiegoBloodBank.org](https://www.SanDiegoBloodBank.org) or connect with us on [Facebook](#), [Instagram](#), [X](#), and [LinkedIn](#).

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